## Education 425-4

## Counselling for the Classroom Teacher

SUMMER SEMESTER, 1985

Instructor: Dr. Gordon Cochrane

Tuesdays 1:00-4:50 p.m.

Phone: 263-3312

## Course Objectives:

This course is designed for senior students and practicing teachers who wish to explore the aspects of school counselling and to develop counselling skills appropriate for an introductory class. There will be a combination of lectures, small group work and experiential activities used to introduce counselling skills and the various components of school counselling.

Outline of Topics:

The Origins of Self-Esteem

Perceptual Screens Meaning Attribution Counselling Theories

Roles of a School Counsellor

Testing and Reporting Professional Well-Being

Course Requirements: 1. Paper - selected appropriate subject 30%

> 2. Group presentation

30%

Take home examination 3.

40왕

Textbooks:

Hendricks, Gay. The centered teacher. Englewood Cliffs, N.J.: Prentice-Hall, 1981.

References:

Corey, Gerard. Theory and practice of counselling and psychotherapy. Monterey, Calif.: Brooks/ Cole Publishing Co., 1983.

Lyman, Howard. Test scores and what they mean. Englewood Cliffs, N.J.: Prentice-Hall. 1983.

Egan, Gerard. The skilled helper. Monterey, Calif.: Brooks/Cole Publishing Co., 1980.

Weinhold, B.K. and Elliot, L.C. Transpersonal Communications. Englewood Cliffs, N.J.: Prentice-Hall, 1979.